

358 RCSCC SIR ISAAC BROCK Master Training Plan 2017/2018

Rev: 29 Jan 2018

Version: 5-0

Phase One				Phase Two		Phase Three		Phase Four		Phase Five	
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
05-Sep-17	1 1855 - 1930	X000.01	In-Routine (Adm / Sup / Div)	X000.01	In-Routine (Adm / Sup / Div)	X000.01	In-Routine (Adm / Sup / Div)	X000.01	In-Routine (Adm / Sup / Div)	X000.01	In-Routine (Adm / Sup / Div)
Routine 1	Instructor		XO / RPO / DPO	Instructor	XO / RPO / DPO	Instructor	XO / RPO / DPO	Instructor	XO / RPO / DPO	Instructor	XO / RPO / DPO
Legion	Location		Recreation Room	Location	Recreation Room	Location	Recreation Room	Location	Recreation Room	Location	Recreation Room
	2 1930 - 2005	X000.01	In-Routine (Trg / Command)	X000.01	In-Routine (Trg / Command)	X000.01	In-Routine (Trg / Command)	X000.01	In-Routine (Trg / Command)	X000.01	In-Routine (Trg / Command)
	Instructor		XO / Cox'n / DO	Instructor	XO / Cox'n / DO	Instructor	XO / Cox'n / DO	Instructor	XO / Cox'n / DO	Instructor	XO / Cox'n / DO
	Location		Recreation Room	Location	Recreation Room	Location	Recreation Room	Location	Recreation Room	Location	Recreation Room
	3 2015 - 2050	X000.01	Cadet Unit In-Routine (Misc / Sports)	X000.01	Cadet Unit In-Routine (Misc / Sports)	X000.01	Cadet Unit In-Routine (Misc / Sports)	X000.01	Cadet Unit In-Routine (Misc / Sports)	X000.01	Cadet Unit In-Routine (Misc / Sports)
	Instructor		Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO
	Location		Field / Recreation Room	Location	Field / Recreation Room	Location	Field / Recreation Room	Location	Field / Recreation Room	Location	Field / Recreation Room
12-Sep-17	1 1855 - 1930	X000.31	Open House	X000.31	Open House	X000.31	Open House	X000.31	Open House	X000.31	Open House
Routine 1	Instructor		Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO
Legion	Location		RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418
	2 1930 - 2005	X000.31	Open House	X000.31	Open House	X000.31	Open House	X000.31	Open House	X000.31	Open House
	Instructor		Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO
	Location		RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418
	3 2015 - 2050	X000.31	Open House	X000.31	Open House	X000.31	Open House	X000.31	Open House	X000.31	Open House
	Instructor		Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO	Instructor	Cox'n / RPO
	Location		RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418	Location	RCL Branch 418

Phase One				Phase Two		Phase Three		Phase Four		Phase Five	
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19-Sep-17	1 1855 - 1930	M107.01	Discuss Year One Training	M207.01	Identify Phase Two Training Opportunities	M307.01	Identify Phase Three Training Opportunities	M407.01	Identify Phase Four Training Opportunities	500	Issue Phase 5 Workbook
Routine 1	Instructor		CI Mitchell (MWO Long)	Instructor	CPO2 Leach (PO1 Harris)	Instructor	PO1 Papnefuss (PO1 Cardona)	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
Legion	Location		Recreation Room	Location	Banquet Hall	Location	Brow	Location	Lounge	Location	Lounge
	2 1930 - 2005	M108.01	Adopt the Positions of Attention, Stand at Ease, and Stand Easy	M223.01	Define Ship-Related Terms	M323.01	Perform Corps Duties (Condensed)	M403.02	Describe Needs and Expectations of Team Members	X000.20	On the Job Training
	Instructor		MWO George (MWO Long)	Instructor	CPO2 Leach (PO1 Cardona)	Instructor	CI Brauweiler (PO1 Papnefuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Recreation Room	Location	Banquet Hall	Location	Brow	Location	Lounge	Location	
	3 2015 - 2050	CX25.01	Prepare for a Nautical Training Weekend	CX25.01	Prepare for a Nautical Training Weekend	CX25.01	Prepare for a Nautical Training Weekend	CX25.01	Prepare for a Nautical Training Weekend	CX25.01	Prepare for a Nautical Training Weekend
	Instructor		Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
	Location		Recreation Room	Location	Recreation Room	Location	Recreation Room	Location	Recreation Room	Location	Recreation Room
26-Sep-17	1 1855 - 1930	100 SM 1A	What We Expect From You as a Cadet	X008.01	Corps Drill Period	M308.01A	Prepare a Squad for Parade	M408.01	Discuss Commanding a Division on Parade	X000.20	On the Job Training
Routine 1	Instructor		CI Mitchell (MWO George)	Instructor	CPO2 Leach (Lt(N) Tremblay)	Instructor	PO1 Papnefuss (PO1 Harris)	Instructor	Lt(N) Reilly	Instructor	
Legion	Location		Recreation Room	Location	Banquet Hall	Location	Banquet Hall	Location	Banquet Hall	Location	
	2 1930 - 2005	100 SM 1B	What We Expect From You as a Cadet	M203.01	Discuss Leadership Within a Peer Setting	M308.01B	Prepare a Squad for Parade	M403.02A	Select an Influence Behaviour Within the Empowering Leadership Style	X000.20	On the Job Training
	Instructor		CI Mitchell (MWO George)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	PO1 Papnefuss (PO1 Harris)	Instructor	Lt(N) Reilly	Instructor	
	Location		Recreation Room	Location	Brow	Location	Banquet Hall	Location	Brow	Location	
	3 2015 - 2050	M108.02	Execute a Salute at the Halt Without Arms	M223.02	Identify the Watch System	M308.01C	Prepare a Squad for Parade	M403.02B	Select an Influence Behaviour Within the Empowering Leadership Style	X000.20	On the Job Training
	Instructor		MWO George (MWO Long)	Instructor	CPO2 Leach (CI Sullivan)	Instructor	PO1 Papnefuss (PO1 Harris)	Instructor	Lt(N) Reilly	Instructor	
	Location		Banquet Hall	Location	Lounge	Location	Banquet Hall	Location	Brow	Location	

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03-Oct-17	1 1855 - 1930	X008.01	Corps Drill Period	X008.01	Corps Drill Period	X008.01	Corps Drill Period	X008.01	Corps Drill Period	X008.01	Corps Drill Period
Routine 2	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
School	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1930 - 2005	M123.01A	Define Basic Naval Terminology	M203.02	Discuss the Principles of Leadership	M303.01A	Define the Role of a Team Leader	400 SM 1A	Your Responsibility as a Leader to Influence Positive Social Relations	X000.20	On the Job Training
	Instructor		PO1 Cotterill (CI Mitchell)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	CI Brauweiler (PO1 Papnefuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Classroom 1	Location	Classroom 2	Location	Parade Square	Location	Classroom 3	Location	
	3 2015 - 2050	M123.01B	Define Basic Naval Terminology	X203.04	Role of the Duty Staff	M303.01B	Define the Role of a Team Leader	400 SM 1B	Your Responsibility as a Leader to Influence Positive Social Relations	X000.20	On the Job Training
	Instructor		PO1 Cotterill (CI Mitchell)	Instructor	CPO2 Leach (CI Sullivan)	Instructor	CI Brauweiler (PO1 Papnefuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Classroom 1	Location	Classroom 2	Location	Parade Square	Location	Classroom 3	Location	
10-Oct-17	1 1855 - 1930	M107.05A	Wear the Sea Cadet Uniform	X203.05	Perform Duties of the Duty Staff	M303.02	Participate in a Mentoring Relationship	400 SM 2A	What Complaints and Consent Are and How to Practice Risk Reduction	X000.20	On the Job Training
Routine 1	Instructor		PO1 Papnefuss (PO1 Harris)	Instructor	CI Sullivan (PO1 Cotterill)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly	Instructor	
School	Location		Parade Square	Location	Classroom 1	Location	Classroom 3	Location	Classroom 2	Location	
	2 1930 - 2005	M107.05B	Wear the Sea Cadet Uniform	M223.03A	Execute Notes Using the Boatswain's Call	M308.02	Deliver Words of Command	400 SM 2B	What Complaints and Consent Are and How to Practice Risk Reduction	X000.20	On the Job Training
	Instructor		PO1 Papnefuss (PO1 Harris)	Instructor	PO1 Cotterill (CI Sullivan)	Instructor	MWO George (MWO Long)	Instructor	Lt(N) Reilly	Instructor	
	Location		Parade Square	Location	Brow	Location	Classroom 1	Location	Classroom 2	Location	
	3 2015 - 2050	M103.01	Identify the Responsibilities of a Follower in a Team	M223.03B	Execute Notes Using the Boatswain's Call	M307.02	Recognize the Partnership Between the Navy League and DND in Support of the CCM	MX04.03A	Identify Parade Sequence	X000.20	On the Job Training
	Instructor		PO1 Harris (CI Mitchell)	Instructor	PO1 Cotterill (CI Sullivan)	Instructor	CPO2 Leach (CI Brauweiler)	Instructor	MWO George (Lt(N) Reilly)	Instructor	
	Location		Classroom 1	Location	Brow	Location	Classroom 2	Location	Parade Square	Location	

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17-Oct-17	1 1855 - 1930	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02A	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)		
Routine 1	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO		
School	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square		
	2 1930 - 2005	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01A	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities		
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO		
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square		
	3 2015 - 2050	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03A	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness		
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO		
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square		
24-Oct-17	1 1855 - 1930	100 SM 2	What Can Happen When Behaviours Exceed or Do Not Meet Expectations	M208.01A	Execute Left and Right Turns on the March	M303.03	Practice Self-Assessment	M403.03A	Describe How to Motivate Team Members	X000.20	On the Job Training								
Routine 1	Instructor		CI Mitchell (Lt(N) Tremblay)	Instructor	PO1 Cotterill (MWO Long)	Instructor	PO1 Papenfuss (MWO George)	Instructor	Lt(N) Reilly	Instructor									
School	Location		Classroom 1	Location	Parade Square	Location	Classroom 2	Location	Classroom 3	Location									
	2 1930 - 2005	100 SM 3	What Harassment, Criminal Offences and Child Abuse Are and Where You Can Go for Help	M208.01B	Execute Left and Right Turns on the March	C308.01A	Execute Flag Party Drill	C308.01A	Execute Flag Party Drill	X000.20	On the Job Training								
	Instructor		CI Mitchell (Lt(N) Tremblay)	Instructor	PO1 Cotterill (MWO Long)	Instructor	PO1 Papenfuss (MWO George)	Instructor	PO1 Papenfuss (MWO George)	Instructor									
	Location		Classroom 1	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location									
	3 2015 - 2050	M103.02	Map Personal Goals for the Training Year	M203.03	Discuss Effective Communication in a Peer Setting	X303.02	Role of the Cadet NCO	M403.03B	Describe How to Motivate Team Members	X000.20	On the Job Training								
	Instructor		PO1 Harris (CI Mitchell)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	MWO George (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor									
	Location		Classroom 1	Location	Classroom 2	Location	Parade Square	Location	Classroom 3	Location									

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31-Oct-17	1 1855 - 1930	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)
Stand Down	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1930 - 2005	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2015 - 2050	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)	Halloween	Halloween (No Cadets)
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
07-Nov-17	1 1855 - 1930	100 SM 4A	What Conflict Is and How You Can Deal With It	M208.02	Form Single File From the Halt	M303.04A	Communicate as a Team Leader	400 SM 3A	Your Responsibility as a Leader to Help Manage Conflict	501	Global Citizenship Review
Routine 2	Instructor		CI Mitchell (Lt(N) Tremblay)	Instructor	PO1 Cotterill (CI Sullivan)	Instructor	MWO George (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	Lt(N) Tremblay
School	Location		Classroom 1	Location	Parade Square	Location	Classroom 3	Location	Classroom 2	Location	
	2 1930 - 2005	100 SM 4B	What Conflict Is and How You Can Deal With It	M203.04A	Demonstrate Positive Group Dynamics	M303.04B	Communicate as a Team Leader	400 SM 3B	Your Responsibility as a Leader to Help Manage Conflict	X000.20	On the Job Training
	Instructor		CI Mitchell (Lt(N) Tremblay)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	MWO George (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Classroom 1	Location	Parade Square	Location	Classroom 3	Location	Classroom 2	Location	
	3 2015 - 2050	M108.03	Execute Turns at the Halt	M203.04B	Demonstrate Positive Group Dynamics	C308.01B	Execute Flag Party Drill	C308.01B	Execute Flag Party Drill	X000.20	On the Job Training
	Instructor		MWO Long (PO1 Cotterill)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	PO1 Papenfuss (MWO George)	Instructor	PO1 Papenfuss (MWO George)	Instructor	
	Location		Parade Square	Location	Classroom 2	Location	Parade Square	Location	Parade Square	Location	

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14-Nov-17	1 1855 - 1930	MX05.01A	Participate in Physical Activities	MX05.01A	Participate in Physical Activities	MX05.01A	Participate in Physical Activities	MX05.01A	Participate in Physical Activities	MX05.01A	Participate in Physical Activities
Routine 1	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1930 - 2005	MX05.01B	Participate in Physical Activities	MX05.01B	Participate in Physical Activities	MX05.01B	Participate in Physical Activities	MX05.01B	Participate in Physical Activities	MX05.01B	Participate in Physical Activities
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 2015 - 2050	MX05.01C	Participate in Physical Activities	MX05.01C	Participate in Physical Activities	MX05.01C	Participate in Physical Activities	MX05.01C	Participate in Physical Activities	MX05.01C	Participate in Physical Activities
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
21-Nov-17	1 1855 - 1930	M107.02	Identify Sea Cadet and Naval Officer Ranks	C108.01A	Execute Supplementary Drill Movements	M303.05A	Supervise Cadets	M403.04A	Provide Feedback to Team Members	503	Leadership Review
Routine 1	Instructor		PO1 Cotterill (CI Mitchell)	Instructor	MWO Long (PO1 Harris)	Instructor	CI Brauweiler (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Classroom 1	Location	Parade Square	Location	Classroom 2	Location	Classroom 3	Location	
	2 1930 - 2005	M107.03	Observe Rules and Procedures for the Paying of Compliments	M207.02	Recognize Historical Aspects of the Royal Canadian Sea Cadets	C308.01C	Execute Flag Party Drill	C308.01C	Execute Flag Party Drill	X000.20	On the Job Training
	Instructor		PO1 Cotterill (CI Mitchell)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	PO1 Papenfuss (MWO Long)	Instructor	PO1 Papenfuss (MWO Long)	Instructor	
	Location		Classroom 1	Location	Classroom 2	Location	Parade Square	Location	Parade Square	Location	
	3 2015 - 2050	M108.04	Close to the Right and Left	M203.05	Discuss Influence Behaviours	M303.05B	Supervise Cadets	M403.04B	Provide Feedback to Team Members	X000.20	On the Job Training
	Instructor		MWO Long (PO1 Cotterill)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	CI Brauweiler (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Parade Square	Location	Classroom 2	Location	Classroom 1	Location	Classroom 3	Location	

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28-Nov-17	1 1855 - 1930	M103.03A	Participate in Teambuilding Activities	C108.01B	Execute Supplementary Drill Movements	M303.06A	Solve Problems	M403.05A	Participate in a Mentoring Relationship	507	Serve in a Cadet Corps Review
Routine 1	Instructor		PO1 Harris (CI Mitchell)	Instructor	MWO Long (CPO2 Leach)	Instructor	MWO George (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Classroom 1	Location	Parade Square	Location	Classroom 2	Location	Classroom 3	Location	
	2 1930 - 2005	M103.03B	Participate in Teambuilding Activities	M203.06A	Employ Problem Solving	C308.01D	Execute Flag Party Drill	C308.01D	Execute Flag Party Drill	X000.20	On the Job Training
	Instructor		PO1 Harris (CI Mitchell)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	PO1 Papenfuss (MWO George)	Instructor	PO1 Papenfuss (MWO George)	Instructor	
	Location		Classroom 1	Location	Classroom 2	Location	Parade Square	Location	Parade Square	Location	
	3 2015 - 2050	M108.05	Execute Paces Forward and to the Rear	M203.06B	Employ Problem Solving	M303.06B	Solve Problems	M403.05B	Participate in a Mentoring Relationship	X000.20	On the Job Training
	Instructor		MWO Long (PO1 Harris)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	MWO George (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Parade Square	Location	Classroom 2	Location	Parade Square	Location	Classroom 3	Location	
05-Dec-17	1 1855 - 1930	M107.04	State the Aim and Motto of the Sea Cadet Program	C108.01C	Execute Supplementary Drill Movements	M303.07 / PC	Lead Cadets Through a Leadership Assignment	M408.03	Command a Squad	509	Instruction Review
Routine 2	Instructor		PO1 Harris (CI Mitchell)	Instructor	MWO Long (Lt(N) Reilly)	Instructor	CI Brauweiler (PO1 Papenfuss)	Instructor	Lt(N) Reilly (MWO Long)	Instructor	
	Location		Classroom 1	Location	Parade Square	Location	Classroom 2	Location	Parade Square	Location	
	2 1930 - 2005	M123.02	Identify Pipes and the Correct Responses	M203.07	Discuss Personal Integrity as a Quality of Leadership	308 PC	Drill Performance Check (See Phase 3 QSP for Evaluation Form)	C407.01	Prepare for a Merit Review Board	C401.01	Prepare for a Merit Review Board
	Instructor		PO1 Cotterill (CI Mitchell)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	CI Brauweiler (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
	Location		Brow	Location	Classroom 1	Location	Parade Square	Location	Classroom 3	Location	Classroom 3
	3 2015 - 2050	M108.06	Execute the Movements Required for a Right Dress	M203.08	Participate in Team-Building Activities	M303.07 / PC	Lead Cadets Through a Leadership Assignment	M408.04	Inspect a Cadet on Parade (Condensed)	X000.20	On the Job Training
	Instructor		MWO Long (PO1 Harris)	Instructor	CI Sullivan (CPO2 Leach)	Instructor	CI Brauweiler (PO1 Papenfuss)	Instructor	Lt(N) Reilly	Instructor	
	Location		Parade Square	Location	Classroom 1	Location	Classroom 2	Location	Parade Square	Location	

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12-Dec-17	1 1855 - 1930	MX05.01D	Participate in Physical Activities	MX05.01D	Participate in Physical Activities	MX05.01D	Participate in Physical Activities	MX05.01D	Participate in Physical Activities	MX05.01D	Participate in Physical Activities
Routine 1	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1930 - 2005	MX05.01E	Participate in Physical Activities	MX05.01E	Participate in Physical Activities	MX05.01E	Participate in Physical Activities	MX05.01E	Participate in Physical Activities	MX05.01E	Participate in Physical Activities
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 2015 - 2050	MX05.01F/X000.07	Participate in Physical Activities / Mess Dinner Training Class	MX05.01F/X000.07	Participate in Physical Activities / Mess Dinner Training Class	MX05.01F/X000.07	Participate in Physical Activities / Mess Dinner Training Class	MX05.01F/X000.07	Participate in Physical Activities / Mess Dinner Training Class	MX05.01F/X000.07	Participate in Physical Activities / Mess Dinner Training Class
	Instructor		Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
19-Dec-17	1 1855 - 1930	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner
Routine 1	Instructor		Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay
	Location		103 RCSCC	Location	103 RCSCC	Location	103 RCSCC	Location	103 RCSCC	Location	103 RCSCC
Mess Dinner	2 1930 - 2005	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner
TBD	Instructor		Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay
	Location		103 RCSCC	Location	103 RCSCC	Location	103 RCSCC	Location	103 RCSCC	Location	103 RCSCC
	3 2015 - 2050	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner	MX20.01D	Participate in a Mess Dinner
	Instructor		Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay	Instructor	Lt(N) Tremblay
	Location		103 RCSCC	Location	103 RCSCC	Location	103 RCSCC	Location	103 RCSCC	Location	103 RCSCC



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26-Dec-17	1 1855 - 1930	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets
Stand Down	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1930 - 2005	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2015 - 2050	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
02-Jan-18	1 1855 - 1930	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets
Stand Down	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1930 - 2005	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2015 - 2050	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets	Holiday Stand Down	No Cadets
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	

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09-Jan-18	1 1855 - 1930	MX04.02B	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02B	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02B	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02B	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02B	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)
Routine 1	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1930 - 2005	MX04.01B	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01B	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01B	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01B	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01B	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 2015 - 2050	MX04.03B	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03B	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03B	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03B	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03B	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
16-Jan-18	1 1855 - 1930	CX04.03A	Participate in a Cooking Class	CX04.03A	Participate in a Cooking Class	CX04.03A	Participate in a Cooking Class	CX04.03A	Participate in a Cooking Class	CX04.03A	Participate in a Cooking Class
Routine 1	Instructor		Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
	Location		Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen
	2 1930 - 2005	CX04.03B	Participate in a Cooking Class	CX04.03B	Participate in a Cooking Class	CX04.03B	Participate in a Cooking Class	CX04.03B	Participate in a Cooking Class	CX04.03B	Participate in a Cooking Class
	Instructor		Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
	Location		Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen
	3 2015 - 2050	C404.03C	Participate in a Cooking Class	C404.03C	Participate in a Cooking Class	C404.03C	Participate in a Cooking Class	C404.03C	Participate in a Cooking Class	C404.03C	Participate in a Cooking Class
	Instructor		Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly	Instructor	Lt(N) Reilly
	Location		Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen	Location	Legion Kitchen

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23-Jan-18	1 1855 - 1930	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period
Routine 1	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		RCL	Location	RCL	Location	RCL	Location	RCL	Location	RCL
	2 1930 - 2005	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period	X000.30	Cadet Unit Entertainment Period
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		RCL	Location	RCL	Location	RCL	Location	RCL	Location	RCL
	3 2015 - 2050	X000.05	Cadet Unit Divisional Period – Mid Term	X000.05	Cadet Unit Divisional Period – Mid Term	X000.05	Cadet Unit Divisional Period – Mid Term	X000.05	Cadet Unit Divisional Period – Mid Term	X000.05	Cadet Unit Divisional Period – Mid Term
	Instructor		DO	Instructor	DO	Instructor	DO	Instructor	DO	Instructor	DO
	Location		RCL	Location	RCL	Location	RCL	Location	RCL	Location	RCL
30-Jan-18	1 1855 - 1930	M107.06	Participate in a Discussion on Year One Summer Training Opportunities	M207.04	Participate in a Discussion on Year Two Summer Training Opportunities	M307.02	Participate in a Discussion on Year Three Summer Training Opportunities	M407.02	Participate in a Discussion on Year Four Summer Training Opportunities	X000.09	Summer CTC Parents Information Session
Routine 1	Instructor		CO	Instructor	CO	Instructor	CO	Instructor	CO	Instructor	CO
	Location		RCL	Location	RCL	Location	RCL	Location	RCL	Location	RCL
	2 1930 - 2005	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session
	Instructor		CO	Instructor	CO	Instructor	CO	Instructor	CO	Instructor	CO
	Location		RCL	Location	RCL	Location	RCL	Location	RCL	Location	RCL
	3 2015 - 2050	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session	X000.09	Summer CTC Parents Information Session
	Instructor		CO	Instructor	CO	Instructor	CO	Instructor	CO	Instructor	CO
	Location		RCL	Location	RCL	Location	RCL	Location	RCL	Location	RCL

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06-Feb-18	1 1840 - 1910	C107.02	Participate in a Tour of the Corps	C107.02	Participate in a Tour of the Corps	C107.02	Participate in a Tour of the Corps	C107.02	Participate in a Tour of the Corps	C107.02	Participate in a Tour of the Corps
Routine 1	Instructor		XO	Instructor	XO	Instructor	XO	Instructor	XO	Instructor	XO
	Location		LHQ	Location	LHQ	Location	LHQ	Location	LHQ	Location	LHQ
	2 1915 - 2045	M121.03A	Coil and Heave a Line	M221.01A	Use a Strop for Slings (Condensed)	M309.01A	Explain Principles of Instruction	M409.01A	Identify Methods of Instruction	X000.20	On the Job Training
	Instructor		PO1 Cotterill (PO1 Harris)	Instructor	PO1 Papenfuss (CI Mitchell)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	M121.03B	Coil and Heave a Line	M221.01B	Use a Strop for Slings (Condensed)	M309.0B	Explain Principles of Instruction	M409.01B	Identify Methods of Instruction	X000.20	On the Job Training
	Instructor		PO1	Instructor	PO1 Papenfuss (CI Mitchell)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location			Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
13-Feb-18	1 1840 - 1910	CX02.01A	Community Service	CX02.01A	Community Service	CX02.01A	Community Service	CX02.01A	Community Service	CX02.01A	Community Service
Routine 1	Instructor		CO	Instructor	CO	Instructor	CO	Instructor	CO	Instructor	CO
	Location		Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom
	2 1915 - 2045	CX02.01B	Community Service	CX02.01B	Community Service	CX02.01B	Community Service	CX02.01B	Community Service	CX02.01B	Community Service
	Instructor		CO	Instructor	CO	Instructor	CO	Instructor	CO	Instructor	CO
	Location		Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom
	3 2005 - 2035	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square

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20-Feb-18	1 1840 - 1910	M121.01A	Tie Knots, Bends and Hitches	M207.03	Recognize the Role and Responsibilities of the Local Sponsor	M309.02A	Identify Methods of Instruction	M409.02A	Identify Elements of a Positive Learning Environment	X000.20	On the Job Training
Routine 1	Instructor		PO1 Papenfuss (PO1 Harris)	Instructor	CI Mitchell (PO1 Cotterill)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	2 1915 - 2045	M121.01B	Tie Knots, Bends and Hitches	M221.02	Mouse a Hook (Condensed)	M309.02B	Identify Methods of Instruction	M409.02B	Identify Elements of a Positive Learning Environment	X000.20	On the Job Training
	Instructor		PO1 Papenfuss (PO1 Harris)	Instructor	CI Mitchell (PO1 Harris)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	M108.08	March and Halt in Quick Time	M223.04	Pipe the General Call	C223.01	Define Naval Terminology	M423.01A	Identify Aspects of a Chart	X000.20	On the Job Training
	Instructor		MWO Long (PO2 Leach)	Instructor	PO1 Cotterill (PO2 Leach)	Instructor	CPO2 Leach (CI Brauweiler)	Instructor	PO1 Papenfuss (Lt(N) Reilly)	Instructor	
	Location		Parade Square	Location	Brow	Location	Main Classroom	Location	Upper Classroom	Location	
27-Feb-18	1 1840 - 1910	M121.01C	Tie Knots, Bends and Hitches	M221.03	Reeve a Block	M309.03	Describe Effective Speaking Techniques	M409.03A	Describe Learner Needs	X000.20	On the Job Training
Routine 1	Instructor		PO1 Papenfuss (PO1 Harris)	Instructor	CI Mitchell (CI Sullivan)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	2 1915 - 2045	C121.01D	Tie Knots, Bends and Hitches	M221.04A	Identify Components of Tackles	M309.04	Describe Questioning Techniques	M409.03B	Describe Learner Needs	X000.20	On the Job Training
	Instructor		PO1 Papenfuss (PO1 Harris)	Instructor	CI Mitchell (CI Sullivan)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	M108.09	Execute Marking Time, Forward, and Halting in Quick Time	M221.04B	Identify Components of Tackles	C223.02	Pipe the Side	M423.01B	Identify Aspects of a Chart	X000.20	On the Job Training
	Instructor		MWO Long (PO2 Leach)	Instructor	CI Mitchell (CI Sullivan)	Instructor	PO1 Cotterill (PO2 Leach)	Instructor	PO1 Papenfuss (Lt(N) Reilly)	Instructor	
	Location		Parade Square	Location	Brow	Location	Main Classroom	Location	Upper Classroom	Location	

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06-Mar-18	1 1840 - 1910	C107.03	Participate in a Activity on the History of the Corps	C107.03	Participate in a Activity on the History of the Corps	M309.05A	Select Appropriate Instructional Aids	M409.04	Explain Assessment	500	Phase 5 Progress Review
Routine 2	Instructor		CI Sullivan (CI Mitchell)	Instructor	CI Sullivan (CI Mitchell)	Instructor	CI Brauweiler (MWO George)	Instructor	Lt(N) Reilly (CPO2 Leach)	Instructor	
	Location		Main Classroom	Location	Main Classroom	Location	Lower Classroom	Location	Upper Classroom	Location	
	2 1915 - 2045	M123.03	Participate in a Review of Ship's Operations	M221.05A	Rig Tackles (Condensed to two periods)	M309.05B	Select Appropriate Instructional Aids	M423.02A	Use Navigation Instruments	X000.20	On the Job Training
	Instructor		CI Sullivan (PO1 Cotterill)	Instructor	CI Mitchell (CI Sullivan)	Instructor	CI Brauweiler (MWO George)	Instructor	PO1 Papenfuss (Lt(N) Reilly)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	M108.10	Execute a Salute on the March	M221.05B	Rig Tackles (Condensed to two periods)	C121.02	Whip the End of a Line Using a Sailmaker's Whipping (Condensed)	M423.02B	Use Navigation Instruments	X000.20	On the Job Training
	Instructor		MWO Long (PO2 Leach)	Instructor	CI Mitchell (CI Sullivan)	Instructor	Lt(N) Reilly	Instructor	PO1 Papenfuss (Lt(N) Reilly)	Instructor	
	Location		Parade Square	Location	Brow	Location	Main Classroom	Location	Upper Classroom	Location	
13-Mar-18	1 1840 - 1910	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)
Stand Down	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1915 - 2045	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2005 - 2035	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)	March Break	March Break (No Cadets)
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	

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20-Mar-18	1 1840 - 1910	C107.01A	Maintain the Sea Cadet Uniform	M223.05	Pipe the Still	M309.06A	Plan a Lesson	M409.05 / PC	Instruct a 30-Minute Lesson	X000.20	On the Job Training
Routine 1	Instructor		CI Sullivan (CI Mitchell)	Instructor	PO1 Cotterill (PO2 Leach)	Instructor	CI Brauweiler (MWO George)	Instructor	CPO2 Leach (Lt(N) Tremblay)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	2 1915 - 2045	M107.01B	Maintain the Sea Cadet Uniform	M223.06	Pipe the Carry On	M309.06B	Plan a Lesson	M409.05 / PC	Instruct a 30-Minute Lesson	X000.20	On the Job Training
	Instructor		CI Sullivan (CI Mitchell)	Instructor	PO1 Cotterill (PO2 Leach)	Instructor	CI Brauweiler (MWO George)	Instructor	CPO2 Leach (Lt(N) Tremblay)	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	M108.11	Pay Compliments with a Squad on the March	C207.01	Identify the Rank Structure of the Royal Canadian Army and Air Cadets	C309.04	Identify Formations for Drill Instruction	M409.05 / PC	Instruct a 30-Minute Lesson	X000.20	On the Job Training
	Instructor		MWO Long (CI Sullivan)	Instructor	MWO George (CI Mitchell)	Instructor	CI Brauweiler (PO1 Cotterill)	Instructor	CPO2 Leach (Lt(N) Tremblay)	Instructor	
	Location		Parade Square	Location	Lower Classroom	Location	Main Classroom	Location	Upper Classroom	Location	
27-Mar-18	1 1840 - 1910	C123.01	Read the 24-hour Clock	C123.01	Read the 24-hour Clock	M309.07 / PC	Instruct a 15-Minute Lesson	M423.03A	Describe Latitude and Longitude (Condensed to 3 periods)	X000.20	On the Job Training
Routine 1	Instructor		PO1 Cotterill (CI Mitchell)	Instructor	PO1 Cotterill (CI Mitchell)	Instructor	CI Brauweiler (MWO George)	Instructor	PO1 Papenfuss	Instructor	
	Location		Main Classroom	Location	Main Classroom	Location	Lower Classroom	Location	Upper Classroom	Location	
	2 1915 - 2045	M121.02A	Whip the End of a Line Using a Common Whipping	C223.01	Define Naval Terminology	M309.07 / PC	Instruct a 15-Minute Lesson	M423.03B	Describe Latitude and Longitude (Condensed to 3 periods)	X000.20	On the Job Training
	Instructor		CI Mitchell (PO1 Harris)	Instructor	CI Sullivan (PO1 Cotterill)	Instructor	CI Brauweiler (MWO George)	Instructor	PO1 Papenfuss	Instructor	
	Location		Main Classroom	Location	Brow	Location	Lower Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	M121.02B	Whip the End of a Line Using a Common Whipping	C107.03D	Execute Supplementary Drill Movements	M309.07 / PC	Instruct a 15-Minute Lesson	M423.03C	Describe Latitude and Longitude (Condensed to 3 periods)	X000.20	On the Job Training
	Instructor		CI Mitchell	Instructor	CI Sullivan (MWO Long)	Instructor	CI Brauweiler (MWO George)	Instructor	PO1 Papenfuss	Instructor	
	Location		Main Classroom	Location	Parade Square	Location	Lower Classroom	Location	Upper Classroom	Location	

Phase One				Phase Two		Phase Three		Phase Four		Phase Five	
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
03-Apr-18	1 1840 - 1910	C123.02A	Recite the Phonetic Alphabet	M223.07A	Identify the Procedure for Berthing a Ship	C323.02A	Communicate Using Flags and Pennants	M424.04 / PC	Plot a Fix	X000.20	On the Job Training
Routine 2	Instructor		PO2 Leach (CI Mitchell)	Instructor	PO1 Cotterill (CI Sullivan)	Instructor	CI Brauweiler (CPO2 Leach / PO1 harris)	Instructor	PO1 Papenfuss (Lt(N) Tremlbay)	Instructor	
	Location		Lower Classroom	Location	Brow	Location	Main Classroom	Location	Upper Classroom	Location	
	2 1915 - 2045	C123.02B	Recite the Phonetic Alphabet	M223.07B	Identify the Procedure for Berthing a Ship	C323.02B	Communicate Using Flags and Pennants	M423.04 / PC	Plot a Fix	X000.20	On the Job Training
	Instructor		PO2 Leach (CI Mitchell)	Instructor	PO1 Cotterill (CI Sullivan)	Instructor	CI Brauweiler (CPO2 Leach / PO1 harris)	Instructor	PO1 Papenfuss (Lt(N) Tremlbay)	Instructor	
	Location		Lower Classroom	Location	Brow	Location	Main Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
10-Apr-18	1 1840 - 1910	MX04.02C	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02C	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02C	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02C	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)	MX04.02C	Identify Strategies to Improve Participation in Physical Activities and Participate in the Cadet Fitness Assessment (CFA)
Routine 1	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Gym	Location	Gym	Location	Gym	Location	Gym	Location	Gym
	2 1915 - 2045	MX04.01C	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01C	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01C	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01C	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities	MX04.01C	Participate in 60 Minutes of Moderate- to Vigorous-Intensity Physical Activity (MVPA) and Track Participation in Physical Activities
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Gym	Location	Gym	Location	Gym	Location	Gym	Location	Gym
	3 2005 - 2035	MX04.03C	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03C	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03C	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03C	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness	MX04.03C	Participate in the CFA and Identify Strategies for Improving Personal Physical Fitness
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Gym	Location	Gym	Location	Gym	Location	Gym	Location	Gym



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17-Apr-18	1 1840 - 1910	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice
Routine 1	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot
St Julien Day Parade	2 1915 - 2045	C103.03	Participate in Teambuilding Activities	C203.05	Participate in Trust-Building Activities	C203.05	Participate in Trust-Building Activities	C403.01	Self-Assess Leadership Skills	X000.20	On the Job Training
21-Apr-18	Instructor		CI Sullivan (CI Mitchell)	Instructor	CI Sullivan (CI Mitchell)	Instructor	CI Sullivan (CI Mitchell)	Instructor	CI Brauweiler (PO1 Cotterill)	Instructor	
	Location		Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Upper Classroom	Location	
	3 2005 - 2035	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
24-Apr-18	1 1840 - 1910	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice	X008.03	Annual Review Practice
Routine 1	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot
SIDC Weekend	2 1915 - 2045	X021.01	Seamanship/Ropework Period	X021.01	Seamanship/Ropework Period	X021.01	Seamanship/Ropework Period	X021.01	Seamanship/Ropework Period	X021.01	Seamanship/Ropework Period
27-29 Apr 2018	Instructor		PO1 Papenfuss (CPO2 Leach)	Instructor	PO1 Papenfuss (CPO2 Leach)	Instructor	PO1 Papenfuss (CPO2 Leach)	Instructor	PO1 Papenfuss (CPO2 Leach)	Instructor	PO1 Papenfuss (CPO2 Leach)
	Location		Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom
	3 2005 - 2035	X000.44	Cadet Exercise Preperation and Review (SIDC)	X000.44	Cadet Exercise Preperation and Review (SIDC)	X000.44	Cadet Exercise Preperation and Review (SIDC)	X000.44	Cadet Exercise Preperation and Review (SIDC)	X000.44	Cadet Exercise Preperation and Review (SIDC)
	Instructor		Lt(N) Tremblay / CI Brauweiler (CI Sullivan)	Instructor	Lt(N) Tremblay / CI Brauweiler (CI Sullivan)	Instructor	Lt(N) Tremblay / CI Brauweiler (CI Sullivan)	Instructor	Lt(N) Tremblay / CI Brauweiler (CI Sullivan)	Instructor	Lt(N) Tremblay / CI Brauweiler (CI Sullivan)
	Location		Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom	Location	Main Classroom

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01-May-18	1 1840 - 1910	X008.03 / C108.01A	Annual Review Practice	X008.03 / C208.01A	Annual Review Practice	X008.03 / C208.01A	Annual Review Practice	X008.03 / C208.01A	Annual Review Practice	X008.03	Annual Review Practice
Routine 2	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot
Tag Days	2 1915 - 2045	X008.03 / C108.01B	Annual Review Practice	X008.03 / C208.01B	Annual Review Practice	X008.03 / C208.01B	Annual Review Practice	X008.03 / C208.01B	Annual Review Practice	X008.03	Annual Review Practice
4 & 5 May 2018	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot	Location	Parking Lot
	3 2005 - 2035	X008.03 / C108.01C	Annual Review Practice	X008.03 / C208.01C	Annual Review Practice	X008.03 / C308.02C	Annual Review Practice	X008.03 / C308.02C	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
08-May-18	1 1840 - 1910	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period
Routine 1	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Gym	Location	Gym	Location	Gym	Location	Gym	Location	Gym
	2 1915 - 2045	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Gym	Location	Gym	Location	Gym	Location	Gym	Location	Gym
	3 2005 - 2035	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period	X005.01	Corps Sports Period
	Instructor		Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO	Instructor	Sports PO
	Location		Gym	Location	Gym	Location	Gym	Location	Gym	Location	Gym

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DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
15-May-18	1 1840 - 1910	X008.03 / C108.01D	Annual Review Practice	X008.03 / C208.01D	Annual Review Practice	X008.03 / C308.01D	Annual Review Practice	X008.03 / C408.01D	Annual Review Practice	X008.03	Annual Review Practice
Annual Review	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1915 - 2045	X008.03 / C108.01E	Annual Review Practice	X008.03 / C208.01E	Annual Review Practice	X008.03 / C308.01E	Annual Review Practice	X008.03 / C408.01E	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 2005 - 2035	X008.03 / C108.01F	Annual Review Practice	X008.03 / C208.01F	Annual Review Practice	X008.03 / C308.01F	Annual Review Practice	X008.03 / C408.01F	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
22-May-18	1 1840 - 1910	X008.03 / C108.01G	Annual Review Practice	X008.03 / C208.01G	Annual Review Practice	X008.03 / C308.01G	Annual Review Practice	X008.03 / C408.01G	Annual Review Practice	X008.03	Annual Review Practice
Routine 1	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1915 - 2045	X008.03 / C108.01H	Annual Review Practice	X008.03 / C208.01H	Annual Review Practice	X008.03 / C308.01H	Annual Review Practice	X008.03 / C408.01H	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 2005 - 2035	X008.03 / C108.01I	Annual Review Practice	X008.03 / C208.01I	Annual Review Practice	X008.03 / C308.01I	Annual Review Practice	X008.03 / C408.01I	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square

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29-May-18	1 1840 - 1910	X008.03 / C108.01J	Annual Review Practice	X008.03 / C208.01J	Annual Review Practice	X008.03 / C308.01J	Annual Review Practice	X008.03 / C408.01J	Annual Review Practice	X008.03	Annual Review Practice
Routine 1	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	2 1915 - 2045	X008.03 / C108.01K	Annual Review Practice	X008.01 / C208.01K	Annual Review Practice	X008.01 / C308.01K	Annual Review Practice	X008.01 / C408.01K	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
	3 2005 - 2035	X008.03 / C108.01L	Annual Review Practice	X008.03 / C208.01L	Annual Review Practice	X008.03 / C308.01L	Annual Review Practice	X008.03 / C408.01L	Annual Review Practice	X008.03	Annual Review Practice
	Instructor		Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n	Instructor	Cox'n
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square
05-Jun-18	1 1840 - 1910	X000.08	Banyan	X000.06	Banyan	X000.06	Banyan	X000.06	Banyan	X000.06	Banyan
Routine 1	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
Sail Trg Weekend	2 1915 - 2045	X000.08	Banyan	X000.02	Banyan	X000.02	Banyan	X000.02	Banyan	X000.02	Banyan
9 & 10 Jun 2018	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2005 - 2035	X000.05	Banyan	MX24.01	Banyan	MX24.01	Banyan	MX24.01	Banyan	MX24.01	Banyan
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	

Phase One				Phase Two		Phase Three		Phase Four		Phase Five	
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12-Jun-18	1 1840 - 1910	X000.03	Summer Stand Down / Summer CTC Preperation	X000.03	Summer Stand Down / Summer CTC Preperation	X000.03	Unit Staff Meeting	X000.03	Unit Staff Meeting	X000.03	Unit Staff Meeting
Routine 1	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1915 - 2045	X000.03	Summer Stand Down / Summer CTC Preperation	X000.03	Summer Stand Down / Summer CTC Preperation	X000.03	Unit Staff Meeting	X000.03	Unit Staff Meeting	X000.03	Unit Staff Meeting
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2005 - 2035	X000.03	Summer Stand Down / Summer CTC Preperation	X000.03	Summer Stand Down / Summer CTC Preperation	X000.03	Unit Staff Meeting	X000.03	Unit Staff Meeting	X000.03	Unit Staff Meeting
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
19-Jun-18	1 1840 - 1910	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down
Stand Down	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1915 - 2045	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2005 - 2035	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	

Phase One				Phase Two		Phase Three		Phase Four		Phase Five	
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
26-Jun-18	1 1840 - 1910	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down
Stand Down	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	2 1915 - 2045	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	
	3 2005 - 2035	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down	X000.00	Summer Stand Down
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location			Location		Location		Location		Location	